SKILL AWARD IN ATHLETIC TRAINING

According to the National Athletic Trainer's Association, certified athletic trainers (ATC) are "health care professionals who collaborate with physicians to provide preventative services, emergency care, clinical diagnosis, therapeutic intervention and rehabilitation to injuries and medical conditions." To become a certified athletic trainer, a student must obtain a Bachelor's or Master's Degree upon completion of a Athletic Training Education Program (ATEP) accredited by the Commission on Accreditation of Athletic Training Education (CAATE) and pass a national board exam administered by the National Athletic Trainer's Association's Board of Certification (NATABOC).

This skill award introduces students to the allied healthcare profession of Athletic Training. The skill award provides an introduction to the basic skills and knowledge needed for transfer and acceptance into a CAATE accredited athletic training education program. Emphasis is placed on health, injury prevention, and injury care.

Code	Title	Units
Required courses:		
KIN 170	Fitness for Life	3
KIN 177	First-Aid Responding To Emergencies	3
KIN 182	Care and Prevention of Athletic Injuries	3
Select one (1) of the following courses:		
BIOL 200	Human Anatomy	4
KIN 100	Introduction to Kinesiology	3
KIN 171	Health and Wellness	3
or KIN 171H	Health and Wellness - Honors	
KIN 173	Introduction to Nutrition	3
Total Units		**12-13**

Skill Award Level Student Learning Outcomes

Students completing the Athletic Training Skill Award will:

1. Demonstrate basic skills in First Aid and CPR and the care of acute athletic injuries.
2. Understand the use of protection and support to athletic injuries.
3. Understand the application of the health related components of fitness to prevent and rehabilitate athletic injuries.

Curriculum Map

1-Term Curriculum Map Example

This map represents one possible pathway through the program and is only for reference.

*It is highly recommended that you make an appointment (https://www.citruscollege.edu/stdntsrv/counsel/Pages/ApptSchedule.aspx) to create a customized education plan that fits your needs.

Course	Title	Units
Fall Term 1		
KIN 170	Fitness for Life	3
KIN 177	First-Aid Responding To Emergencies	3
KIN 182	Care and Prevention of Athletic Injuries	3
BIOL 200 or KIN 100 or KIN 171 or KIN 171H or KIN 173	Human Anatomy or Introduction to Kinesiology or Health and Wellness or Health and Wellness - Honors or Introduction to Nutrition	3
	Units	**12**
	Total Units	**12**

Career Information

Career Opportunities

There are a variety of careers you can do with this major.

To explore more about this major, schedule an appointment (https://www.citruscollege.edu/stdntsrv/ctcenter/Pages/ApptSchedule.aspx) with a career counselor.